



South African Powerlifting Federation

P O Box 1617
Lonehill 2062

Tel: (011) 465 3379
Fax: (011) 465 7938

2023 World Classic and Equipped Masters Powerlifting Championships – Manager's Report

The World Classic and Equipped Masters Powerlifting Championships was held from 8-15 October 2023 in Ulaanbaatar, Mongolia. Team SA consisted of 2 entrants – Marieke van Linge (Master 2) and Newton Mudau (Master 1), both in the Classic Powerlifting events.

Overall Results

The full results can be found here: <https://www.powerlifting.sport/championships/results/2023/world-masters-powerlifting-championships-2023>

Detailed Results

Below are the detailed results for Team SA :

Name	Category	Weight Cat	Squat	Bench	Deadlift	Total	Medal /Place	Records
Marieke van Linge	Female M2	63	105	52,5	120	277,5	8 th	African M2 SQ, BP, DL, Tot and single- lift BP records
Newton Mudau	Male M1	120	262,5	172,5	235	670	5 th	African M1 Squat record

Referees and Officials

Referees and Jury: Hannie Smith officiated on the Jury during the championship.

Heather Leighton (October 2023)

President : Johan Smith
Vice President (I) : Heather Leighton
Vice President (N) : Andre Ludik
Treasurer : Gail McKenzie-Kerr
Secretary General : Cliff Hayim

eMail : hannie@lagayim.co.za
eMail : Heather.Leighton@powerlifting.sport
eMail : andreiceludik@gmail.com
eMail : gail@cgmkadmin.co.za
eMail : admin@powerliftingsa.co.za

